

Curators' Text - in Flow Art Exhibition

Step into the immersive realm of 'in flow,' an art exhibition that beckons you to embark on a journey through the captivating world of dynamic motion and its profound influence on creation, sustenance, and transformation. This exploration was born from a quest to fathom the very essence of existence, the vitality of life itself, and the materials that embody life's enduring vigour. The omnipresent requirement for ceaseless motion resonates throughout nature. Our planet, a sphere in constant rotation, orbits in harmony with celestial bodies, yielding to magnetic forces that shape its trajectory and steer the motion of all celestial entities that accompany it.

Through a meticulously curated collection of artistic expressions, both local and global in origin, 'in flow' offers a diverse tapestry of paintings, drawings, print works, videos, texts, readings, and discussions, all delving into the intricate beauty and multifaceted nature of flow. It is said that energy, like a river's current, can neither be created nor destroyed; it merely metamorphoses. From mountains, glaciers give rise to dynamic flows, descending and meandering along paths of least resistance, amalgamating, converging, and amplifying in intensity and scale. This energy embodies a downward momentum, shaped by the magnetic pull of the Earth's core. Its course is boundless, transcending barriers and disruptions, shaping its path through calm persistence or tempestuous torrents, eroding away even the most seemingly permanent obstacles.

'in flow' assembles an array of perspectives to convey the diverse moods and kinetics of motion—sometimes languid and gentle, other times swift and powerful. The essence of flow, though appearing unchanging, is inherently adaptable, capable of shifting its trajectory, character, process, and ultimate destination. In its journey, it sculpts new landscapes, cleaves through new channels, and polishes stones to smoothness while crashing against rugged obstacles. Its serpentine path advances with a soft determination, whispering not of its destination but embracing the uncertain passage ahead. Our bodies and the Earth itself are composed of a remarkable eighty percent water—a life-giving element essential for our very existence.

In this multi-dimensional exposition, artists channel their creativity to encapsulate the timeless nature of flow. As you traverse the exhibition, you will witness the rhythmic dance of energy—fragments coalescing, destruction yielding to regeneration, and resurgences emerging from obliteration. Amidst moments of elation and anguish, the inescapable release of boundless energy is laid bare. We also cast light on disrupted human flows, where discord prevails among warring factions, and the movement of people seeking solace becomes a saga of restless migration compelled by unstable governance and natural catastrophes.

Roya's profound exploration takes us into the realm of rivers and the stories of refugees, delving deep into the currents that shape their journeys. Meanwhile, Sibylle's discourse invites contemplation on the profound significance of artistic and creative flow. Additionally, Sibylle unveils a poignant narrative—an account of a scorned woman situated by a biblical riverbank, inviting reflection on the human experience. As a holistic experience, the exhibition also extends an opportunity to engage with the various dimensions of flow through literary readings and invigorating yoga sessions.

A portion of the proceeds from art sales—ten percent—will be dedicated to supporting refugees and their relentless pursuit of freedom through a local registered charity. This compassionate gesture commemorates the poignant events of a past summer.

Step into 'in flow,' where art becomes a conduit for the ineffable, and the essence of motion finds its ultimate expression.